CARBOHYDRATES: INTRODUCTION

For B.Sc. Semester V

Carbohydrates

Carbohydrates

- are produced by photosynthesis in plants.
- such as glucose are synthesized in plants from CO₂, H₂O, and energy from the sun.
- are oxidized in living cells to produce CO₂, H₂O, and energy.



- Carbohydrates are sugars and provide energy when consumed.
- Our bodies break down carbohydrates to extract energy. Carbon dioxide and water are released in the process.
- Glucose is the primary carbohydrate our bodies use to produce energy.
- Carbohydrates are classified as biomolecules.

- •Carbohydrates are broadly defined as hydrates of carbon as the number of hydrogen and oxygen atoms present is in the ratio of 2:1, like water.
- •General formula C_x(H₂O)_y
- Functional groups present include hydroxy groups and carbonyl group (aldehyde or ketone)
- Carbohydrates are therefore also defined as polyhydroxides of aldehydes/ ketones or their derivatives or substances that yield one of these compounds.

- •Simple carbohydrates are known as sugars or saccharides and their name ends with –ose.
- •For example:
- •Glucose- sugar present in our blood
- •Fructose- sugar present in fruits
- •Sucrose- table sugar
- •Lactose- sugar found in milk

Classification of carbohydrates on basis of nature: Sugars and non-sugars

SUGARS

 Simple carbohydrates are referred to as simple sugars and are often sweet to the taste.

Examples: glucose, fructose, maltose, sucrose

NON-SUGARS

- They are non-sweet
 - Complex carbohydrates include starches and the plant and wood fibers known as cellulose.

Classification on the basis of number of products formed on hydrolysis



Classification and nomenclature of monosaccharides

Monosaccharides are the simplest carbohydrates that cannot be hydrolysed. They are classified in the following 2 ways

Based on type of carbonyl group present: aldose or ketose



Based on number of carbon atoms present: triose, tetrose, pentose, hexose



- Aldotetrose: threose, erythrose
- Aldopentose: ribose, arabinose, xylose
- Aldohexose: glucose, mannose, galactose
- Ketohexose: fructose





Oligosaccharides contain 2-10 monosaccharide molecules, which are liberated on hydrolysis. Based on number of monosaccharide units they are further classified as Disaccharides, Trisaccharides, etc.

| C ₁₂ H ₂₂ O ₁₁ Sucrose | + | H ₂ O | $\xrightarrow[or Invertase]{H^+} \begin{array}{c} C_6H_{12}O_6 \\ \hline Glucose \end{array} \begin{array}{c} + & C_6H_{12}O_6 \\ \hline Fructose \end{array}$ |
|--|---|------------------|--|
| C ₁₂ H ₂₂ O ₁₁ Maltose | ÷ | H ₂ O | $\xrightarrow[or Maltase]{H^+} C_6H_{12}O_6 + C_6H_{12}O_6$ Glucose Glucose Glucose |
| C ₁₂ H ₂₂ O ₁₁ Lactose | + | H ₂ O | $\xrightarrow[]{H^+}{\text{or Lactase}} \begin{array}{c} C_6H_{12}O_6 \\ \hline Glucose \end{array} \begin{array}{c} + & C_6H_{12}O_6 \\ \hline Glucose \end{array}$ |

Raffinose $C_{18}H_{32}O_{16}$ glucose+ fructose +galactose

III. Polysaccharides

Polysaccharides are polymers of monosaccharide unit They have high molecular weight(up to a million) They are usually tasteless(non-sugars) and form colloids with water Polysaccharides are two types **homopolysaccharides** and **heteropolysaccharides**

$$(C_6H_{10}O_5)_n \longrightarrow n C_6H_{12}O_6$$

Eg. Starch, cellulose, glycogen

Stereochemistry

ISOMERISM

compounds that have the same chemical formula but different structures are called isomers. e.g. fructose, glucose, mannose, and galactose are isomers of each other having formula $C_6H_{12}O_6$

✓ Structural isomerism

✓ Stereoisomerism

STRUCTURAL ISOMERISM

✓ Same molecular formula but differ from each other by having different structures.

| сно | CH ₂ OH |
|-----------|--------------------|
| н-с-он | c=o |
| но-с-н | но-с-н |
| н-с-он | н-с-он |
| н-с-он | н-с-он |
| сн₂он | CH2OH |
| D-Glucose | D-Fructose |





DANDLISOMERISM

D and L isomers are mirror images of each other. The orientation of –H and –OH group on the penultimate carbon atom(C5) determines whether the sugar is D or L isomers.





 Epimerism is the stereoisomerism if two monosaccharides differ from each other in their configuration around a single specific carbon(other than anomeric) atom.

